Teacher Name: Tracy Lancaster

Teacher Email:tlancaster@forsyth.k12.ga.us

Birthday: September 9

Shirt Size: Small

Initials (first, middle, last): TRL

Do you like monogrammed items?: No

Favorite Color(s): Red

Favorite Holiday/Time of Year: Fall & Christmas

Coffee Spot with Order: Starbucks - Mocha Frappe (nonfat with lots of caramel… bottom, sides, and top of cup - No whip cream) & when it is cold - peppermint mocha (skim milk, no whip cream)

Top 3 Lunch Spots with Order: Panera- veggie sandwich - Mediterranean

Chicken Salad Chick - pimento sandwich or egg sandwich with fruit/dressing as side

Subway - honey oat bread, veggie w/ cheese, lettuce, tomato, onions, little mustard & red-wine vinegar

Breakfast Spot with Order: Dunkin Donuts - egg white and cheese english muffin

First Watch - Avocado Toast or blueberry pancakes from anywhere (no butter)

Sweet Snacks: I like to stay away from sweets (but I like chocolate covered strawberries, caramel apples, Red Velvet bundtinis)

Salty Snacks: Pistachios (salt/pepper flavor)

Candy Bar: I do not like candy bars

Gum: Extra (green or blue)

Cookie: Chocolate Chip, sugar

Cake (think Nothing Bundt flavors): Red Velvet or Strawberry

Soft Drink or Flavored Water: I don't drink sodas. I like regular water or strawberry liquid IV

Store to shop for fun: TJ Maxx, Target, Kirklands

Flowers you love (if you don't prefer or have an allergy add that): Gardenias

Reading Material: I read the news online

Favorite Hobby: Playing tennis, hiking, traveling

Do you collect anything?: I like Brighton earrings

Nail Salon: I do not go

Spa: I do not go

Sports Team: UGA & Falcons

Top 5 Gift Cards: TJ Maxx, Carrabbas, Target, Amazon & Kirklands

Classroom Wishlist: I have an Amazon Wishlist on my newsletter

Dislikes: I'd rather have a plant I can plant in my yard than picked flowers. (Gardenia bush, rose bush).

Also, I have a ton of sports water bottles and coffee mugs, so I don't need anymore :)

Allergies: None

Anything else you would like to add?: Thank you!